

Paragon Pharmacy

P

All Better.
Now.

Soak up spring.



Wow!

Paragon Pharmacy

3⁹⁹

Axe

body spray 155ml,
deodorant 85g,
antiperspirant 76g
or shower gel 354ml
selected types

Healthy.

Great savings on products to get you better, and keep you that way.

Beautiful.

Let us help you look your best with savings on beauty products.

Nurturing.

Comforting products for your family at prices that will make you smile.

Savings.

Hot savings on your favourite products in the store.

Don't let spring allergies keep you indoors.

One of our pharmacists would be happy to help you find the right allergy medication to get the spring back in your spring.

All Better. Now.

New!

Lilliput

Egg Headz

hollow milk chocolate easter characters 150g assorted
or solid milk chocolate jr. bunny 85g selected types 2 for \$3

3⁹⁹



Wow!

Tide

2x liquid HE coldwater 1.19L or 2X liquid 1.18L or powder 1.4kg selected types

4⁴⁹



Wow!

SpongeTowels

paper towel ultra choose a size 6's

3⁴⁹



Hershey

easter cello pack chocolate or candy 180g to 340g assorted
or robin eggs 525g or reese pastel miniature shell 171g \$4.99

2⁹⁹



Folgers

coffee 292g to 326g selected types

2 for \$4



Centrum

select or forte 100's or select chewables 60's

11⁴⁹



Prices in effect to Sunday, March 28th, 2010

Paragon Pharmacy



Epilepsy

About 1% of the population is affected by epilepsy and it is thought that a seizure results when there is an imbalance of neurochemicals. Seizures vary in their nature, intensity, and duration; but they most often affect the very young or individuals over 65. Fortunately, a wide varied of anti-seizure medications are available to effectively control epilepsy. A diagnosis of epilepsy is based upon your medical history, neurological examination and various tests.

What Happens During A Seizure

The symptoms depend upon the neurochemicals involved and the area of the brain affected. Some common symptoms include:

- Muscle spasms, rhythmic movements, tremors
- Loss of consciousness
- Eyes remaining open, rolling up
- Altered senses - hearing, smelling, seeing
- Dizziness
- Fainting, blackouts

An aura may occur before a seizure and, for some people, warns them that a seizure is about to occur. After a seizure, some people experience deep sleep, headache, confusion, and muscle soreness.

Risk Factors For Epilepsy

It is difficult to identify who is at risk for seizures and epilepsy; however, some triggers have been identified:

- Strobe lights and/or changes in lighting
- Emotional stress
- Lack of sleep, or changes in sleep patterns
- Fever, especially a high fever
- Monthly cycles in women

A family history of epilepsy will increase your risk for the condition; and sometimes, people who have specific medical conditions seem to be more susceptible for seizures and epilepsy:

- A medical history of depression and/or anxiety.
- People with migraine headaches seem to have more seizures.
- Attention deficient disorder or ADD conditions in adults or children.
- Children with autism are more likely to have seizures.
- Drug abuse interferes with neurochemical action and can cause seizures.
- Among older people, a head injury many years ago may be the cause of seizures.

Some Causes Of Seizures That May Be Remedied

Epilepsy is characterized by seizures, but not every seizure is epilepsy. Sometimes, treating an underlying condition will treat the seizure:

- Swelling in the brain - reducing the swelling will reduce the seizures.
- Lack of oxygen in the brain, e.g., strokes, can be treated.
- Head injury or trauma - medical interventions such as surgery may help.
- Infections in the nervous system, e.g., AIDS, meningitis, malaria; however, sometimes the damage is too severe to be treated.
- Birth defects can result in seizures and surgery may resolve the seizures.
- Tumors in the brain can produce seizures - chemotherapy and/or surgery will help.
- Dangerously high temperatures, e.g., heat stroke - cooling the body will help treat the seizures.
- Severe changes in metabolism, e.g., hypoglycemia in diabetes - good control of conditions will prevent seizures.
- Drug abuse, e.g., alcohol, cocaine - treatment of the drug abuse and, of course, avoiding drug abuse.
- Poisons, e.g., lead, strychnine - treating the poisoning will also treat the seizures.

For More Information: Epilepsy Canada at www.epilepsy.ca

"Get to Know Your Pharmacist."

This information is intended to help educate readers about health and drug topics. It is not intended to replace advice from a health professional. It should NOT be used for personal health advice. No changes permitted. Permission to photocopy this document in its entirety is required.

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For Your Health



Jamieson

vita-vim regular, +50, super or healthy heart 90's or for women or mega-vim 60's or basic 90+35's

7⁷⁹ to 13⁸⁹



Jamieson

chewable vitamin C 100+20's selected types or morello cherry with vitamin D 75's

5²⁹



Caltrate

plus tabs 120's or 600 with vitamin D 120's \$18.99

19⁴⁹



Jamieson

calcium magnesium original, with zinc or with vitamin D 100+100's or mega-cal calcium 650mg original or with vitamin D 100+20's \$6.29

5⁸⁹



Quest

multivitamin for men, women or teens 90's selected types or for women chewable 60's

9⁵⁹

All Better. Now.



Lakota

joint care
selected types & sizes

25%
off regular
retail



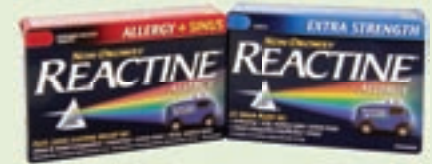
Citracal

petites with vitamin D
100's or +D 60's



9⁹⁹

Feel
Better



Reactine

allergy & sinus or extra strength 10's
or syrup 100ml

7⁵⁹



Quest

melatonin 3mg caps
90's

7⁶⁹



Preferred

Multivitamin & mineral forte tabs
w/lutein 100's
or 50+ tabs 100's \$9.99

8⁹⁹



Preferred

niacin 500mg tabs 100's
or prenatal & post partum multivitamin
& mineral tabs 100's \$7.99

4⁹⁹



Preferred

vitamin E natural source 400iu
softgels 100's
or 400iu synthetic 100's \$7.99

7⁴⁹



Preferred

allergy relief 10mg
extra strength tabs 18's
or allergy elixir for adults
115ml \$ 4.49

7⁹⁹



Preferred

muscle & back extra strength
pain relief caps 40's
or acetaminophen 500mg easy
to swallow tabs 200's \$6.99

9⁹⁹



Quest

kid's daily one chewable 120's
or daily one 60's \$6.39

11⁶⁹



EchinaMax

organic echinacea extract
2500mg 60's

25%
off regular
retail



Benefibre

shape management with
vitamin B complex 340g
or 60 serving or on-the-go sticks 20's \$7.69

11⁹⁹



Metamucil

dietary fibre
selected types & sizes

11⁹⁹



Pepcid

complete chewable mint
tabs 50's or AC easy to
swallow tabs 60's

16⁵⁹

Paragon Pharmacy

All Better. Now.



Easter Kits & Baskets

egg decorating kits
or baskets assorted

or assorted shredded tissue
grass or cello wrap \$1.99

20%
off regular
retail



Lindor

mini egg milk chocolate
or assorted 300g

or 3-pack lindor egg milk
chocolate 54g or mini gold
bunny & egg 28g \$1.99

6⁹⁹



Jelly Belly

gift box with 20 assorted
flavours 250g

or tie top sours, smoothie
blend or assorted 300g \$4.79

6⁹⁹



Hamlet

pralines in gift wrapped
ballotin 250g

or easter praline figurines
250g \$5.99

8⁹⁹



New!

Spring Hats

ladies or girls assorted straw hats
or girl's ribbon hats assorted \$2.29

4²⁹



Kinder Surprise

maxi surprise 150g or egg hunt kit 221g
or rocher T13 egg or rabbit 162.5g or
collection T13 egg or rabbit 136.5g \$7.99

8⁹⁹



New!

Star Wars

boxed chocolate foil egg 100g
or hollow milk chocolate licensed
characters 200g selected types \$5.79

3⁵⁹

Face & Body



Neutrogena

make-up remover or facial cleanser selected types & sizes or healthy skin face lotion with AHA SPF15 70ml \$9.89

7⁹⁹



Gillette

body wash 354ml assorted

4¹⁹



Neutrogena

moisturizer SPF15 or sensitive 120ml, combination skin 118ml or fresh 88ml or night cream light or day intensified SPF15 60ml \$11.49

10⁹⁹



Vaseline Intensive Care

hand, foot or body care selected types & sizes

or healthy hands, firming & radiance or renewal 600ml \$6.99

6³⁹



Keri

body lotion 580ml selected types

7⁴⁹



Cover Girl

smoothers all day hydrating make-up or pressed powder selected types

6⁶⁹



Cover Girl

lashblast mascara selected types

6⁵⁹

Get back to basics with these Olay classics

The Olay classics

Foaming Face Wash Gently removes dirt, oil and makeup **25%** off regular retail

Sensitive Moisture Therapy 100% fragrance free lotion penetrates quickly & gently to soothe dryness **8⁷⁹**

Love the skin your in™

CLEANSE • MOISTURIZE

Pain Relief

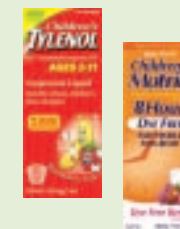


Motrin

super strength liquid gels 60's or 200mg tabs 150's

or ibuprofen liquid gels 72's \$9.79

12¹⁹



6¹⁹

Motrin/Tylenol

children's suspension 100ml/120ml, meltaways 20's, chewable tabs 24's or infant drops 24ml/30ml selected types

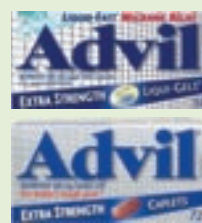


6³⁹

Aspirin

regular strength 325mg tabs or caps 100's or extra strength 500mg tabs with stomach guard 60's

or extra strength 500mg tabs 100's \$6.89



12⁵⁹

Advil

extra strength caps 72's or liqui gels 50's



3⁴⁹

Preferred

ibuprofen 400mg coated caps 32's

or 200mg caps 100's \$4.99

P

Everyday Savings

Paragon Pharmacy

All Better. Now.



New!

Live Clean

baby shampoo or bath 300ml, lotion 227ml,
non-petroleum jelly 120g or diaper ointment 75g

4⁹⁹



Always/Tampax

always pads 12's to 24's, liners 30's to 50's
or tampax tampons 20's selected types

4³⁹



Tena

protective underwear
small, medium or
large 14's or extra
large 12's

13⁹⁹



Colgate

toothpaste visible white
mint or sensitive original or
whitening 90ml, sensitive
enamel protect 85ml or
total enamel strength 170ml

3⁷⁹



Nice 'n Easy Gray Solution

hair colour kit

9³⁹



New!

Accu-Chek

aviva meter black
free with purchase of
aviva test strips 100's

FREE
METER
WITH PURCHASE



Down Under

hair care selected
types & sizes

2²⁹



Colgate

manual toothbrush 360 acti-flex
or deep clean soft or medium
or 360 manual soft, medium
or sensitive \$3.99

4²⁹

Household Savings



Puffs
facial tissue regular basic
108's or ultra or ultra plus
with lotion 72's

99¢



Bounce
dryer sheets 70's selected
types or 2 month dryer
bar outdoor fresh

4.99



**Dawn
Ultra Plus**
liquid dish soap 561ml
assorted

1.99



**Duracell
Coppertop**
batteries C4 or D4
or C2, D2 or 9V1 \$3.89

6.99



Pringles
chips regular,
sour cream & onion
or pizza 40g

69¢



**Slim-Fast
Optima**
powder 530g or
meal bars 6x60g
assorted

10.69



Tide
stain release powder
420g or unit dose 10's

3.89

Health Lifeline



Aerius Kids Syrup

Runny noses, itchy eyes and other allergy symptoms can keep your child out of the classroom, and away from the playground. They can disrupt sleep and even affect concentration. Exact figures are hard to come by, but it is estimated that as many as 40% of Canadian children suffer from allergic rhinitis at some time. And as common as they are, allergies in children are not always diagnosed right away. Careful observation and sometimes even allergy tests can be necessary to determine whether sneezes, runny noses and stuffiness are the result of a cold or an allergy.

Taken once a day, Aerius Kids' Syrup relieves allergy symptoms for 24 hours. Unlike first generation antihistamine medications, which must be taken as many as four times a day, Aerius Kids keeps allergy symptoms at bay with just a single daily dose. Allergies aren't just responsible for sneezes and watery eyes. Sometimes they can cause itchy skin rashes or hives. Aerius Kids helps get rid of these allergy symptoms as well. One daily dose of Aerius Kids' Syrup brings fast, effective relief of allergy-related skin problems such as skin itch and hives.



Aerius
kids allergy syrup 100ml
or allergy tabs 20's \$19.49

7.99

Tylenol Arthritis

There are more than 100 different types of arthritis ranging from mild forms of tendinitis (eg. 'tennis elbow') to crippling forms, such as rheumatoid arthritis. Also included are gout, fibromyalgia and systemic lupus erythematosus. The most common form is osteoarthritis, the misnamed 'wear and tear' arthritis. It not only affects seniors, but infants and adults as well. The common feature for all these conditions is joint and musculoskeletal pain, which is why they are grouped together as 'arthritis.' There is currently no way to cure or prevent osteoarthritis, so effective management of symptoms is important to help people lead normal and active lives.

A variety of over-the-counter and prescription medications have proven to be effective in relieving the pain of osteoarthritis. Acetaminophen (the active ingredient in Tylenol) and the anti-inflammatory drugs ASA and ibuprofen are the most commonly used over-the-counter medications. The medicine found in Tylenol Arthritis, is recommended as first-line therapy by The Canadian Rheumatology Association (CRA). Tylenol Arthritis contains a stronger acetaminophen dosage (650 mg) per caplet, requiring you to take fewer doses per day for effective pain relief. Also, each caplet combines a bi-layer immediate release and extended release formula to stretch the pain relieving effects for up to 8 hours.



Tylenol
pain relief 100's to 200's
selected types

12.19

P

Paragon Pharmacy



Easter Plush

assorted easter characters
or assorted musical easter
plush character key tag or
zipper pull \$2.59

3⁹⁹



Purex

bathroom tissue
double roll 12's



3⁷⁹



Cascade

action packs 15's,
gel 1.29L or powder
1.69kg selected types

3²⁹



Nestle

egg hunting kit 339g or bow box
quality street 300g or after eight 205g
or butterfinger or crunch eggs 260g
\$2.99

8⁹⁹



Speed Stick

premium antiperspirant
or deodorant 45g to
92g selected types

2⁸⁹

excludes pro and clinical



Robaxacet

extra strength
robaxacet or
robaxisal caps
18's

7⁹⁹



Johnson's

baby care 266ml to 592ml
selected types

3⁶⁹

We're in your neighbourhood

Check online for flyer specials
and more at...

helloparagon.com

British Columbia

Kelowna - Glenpark
102 - 1940 Kane Rd.
(250) 717-8881

Kelowna - Black Mountain
11 - 590 Highway 33 W
(250) 860-1788

Kelowna - Mission Centre*
103 - 3320 Richter St.
(250) 868-9654

Kelowna - Centuria
1 - 1499 Gordon Dr.
(250) 763-5442

Kelowna - Mill Creek Crossing*
104 - 1912 Enterprise Way
(250) 860-9900

Kelowna - Lake Country
8 - 10051 Hwy 97
(250) 766-2345

Castlegar - Columbia*
117 - 1983 Columbia Ave.
(250) 365-3400

Vancouver - Crestview*
3138 Main St. Vancouver
(604) 879-8808

Alberta

Calgary - Stadium
23, 1941 Uxbridge Dr. NW
(403) 289-0208

Calgary - Crowfoot
28 Crowfoot Terrace NW
(403) 241-8818

Calgary - Mission
504 Elbow Dr. SW
(403) 228-3340

Calgary - Westbrook
55, 1610 37 St. SW
(403) 240-4440

Calgary - Tucker
3505 14 St. SW
(403) 243-0785

Calgary - Lakeview
6449 Crowchild Tr. SW
(403) 242-4755

Calgary - Riverbend
204, 8338 18 St. SE
(403) 236-1999

Airdrie
505 Main St.
(403) 948-5858

Strathmore
216A 4th Ave.
(403) 934-2044

Manitoba

Teulon
44 Main St.
(204) 886-2814

The Pas
328 Fischer Ave.
(204) 623-2808

*these locations are Prescription Centres, not all products advertised will be available.

All taxes will be added where applicable. Due to space limitations, not all items available in all locations. Stores reserve the right to limit quantities. Text prevails when photo does not correspond to description of advertised items. Where advertisement indicates "assorted" or "selected", all items may not be available. Bonus sizes may not be available in all locations. Products/prices subject to change without notice. ©Registered trademark of McKesson Canada Corporation. Used under licence.